

Relationship Between Nutrient Intake and Physical Growth of Boys (6-12 years) in Jammu, Jammu and Kashmir, India

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ABSTRACT The present study aims at finding out the relations between nutrient intake and physical growth. The subjects for the present study are 777 boys in the age group 6-12 years. The nutrient intakes of boys are compared to their heights and weights. It has been found that nutrient intakes and physical growth of the subject are positively correlated, that is, boys with higher nutrient intakes have higher anthropometric values than with lower nutrient intakes.